



15 Meaningful Moments With God



There is no better investment than in your personal relationship with God! I sincerely pray this tool aids in your journey to a deeper connection with God and an understanding of how to study His Word.

It helps if you decide on a regular time to meet with God and pick out a spot in advance where you can place the things you need—your Bible, journal, and pen. That way, there are no excuses not to begin! Ok, let's get started . . .



PRAY (4 minutes)

- Choose an attribute of God (such as His power, faithfulness, mercy, love, etc.) and spend **two minutes** worshipping Him. Doing so will renew your perspective as you move forward in your time with Him (*Psalm 95:1-3*).
- Then, spend the next **two minutes** submitting to Him all that is on your heart and mind. This is your opportunity to confess sin and to ask Him for any requests that you have (*1 John 1:9, Matthew 7:7*).
- **Finish** by inviting the Holy Spirit to guide you as you open God's Word to study (*John 16:13*).



PROCESS (9 minutes)

- If you do not know where to begin studying Scripture, start with your favorite book/chapter of the Bible or in the Gospel of John.
- For today, we are going to study *Psalm 1*.
- Using a simple Observation/Interpretation/Application method, we will **read through this chapter three times** for three unique purposes.

1. OBSERVATION

Take **three minutes** and read through Psalm 1. Afterward, ask yourself, "What is this passage saying?"

2. INTERPRETATION

Take **three minutes** and read through Psalm 1 again. This time, ask yourself, "What is the spiritual principle this passage is trying to communicate?"

3. APPLICATION

Take **three minutes** and read through Psalm 1 for a third and final time. When finished, ask yourself these two questions: "What does this teach me about God, Jesus, or the Holy Spirit?" and "What is one takeaway I can apply to my life today?"

- You can utilize this simple three-step process with **any passage of Scripture!** So, now it is your turn to choose a passage and give it a try.

***Note:** It is critical we read Scripture in its intended context. We need to ask who the author was writing to and what time in history it was written. In this way, we avoid twisting Scripture to say what we want it to. For additional study tools, look up your passage in a Study Bible or an online commentary. This can help clear up any confusion and provide further insight



PRACTICE (2 minutes)

- Select a journal or open a "Notes" tab on your phone. **Write down one action step** you intend to implement from your time in God's Word today. (Time spent in God's Word should transform you. If you are the same a week or month from now, you are not satisfying the purpose of studying the Bible. *James 1:22-25, Psalm 119:11*)
- **Closeout your time in prayer** by committing your action step to the One who will equip you to carry it out.

Remember, this is just one tool you can employ to grow in your relationship with Jesus. There are countless ways to worship, pray, and even study. So, feel free to add, alter, or tweak this time to reflect the individual God made you. And remember, have fun with it! The more you discover God through His Word, the more your faith grows. Your relationship with God is alive, dynamic, and vibrant. The Christian life is one giant treasure hunt, and **He is your great reward!**

Happy hunting!

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P.S. – If this has proved helpful and you would enjoy a daily dose of Biblical encouragement with practical application, sign up for my **free daily e-devotional** at

www.discoveringtruthministries.org/truthtalk



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